GRITS BRANDS



WHAT GRITS BRANDS ARE GLUTEN FREE?

Stick to the following grits brands to ensure that you're avoiding gluten.

PALMETTO FARMS

Available Products:

- Old Fashioned Stone Ground White Grits
- Old Fashioned Stone Ground Yellow Grits
- Old Fashioned Stone Ground Mixed Grits

CAROLINA GRITS

Available Products:

- Organic Blue Grits
- Carolina Grits Organic Yellow & White
- Heirloom Jimmy Red Grits

BOB'S RED MILL



Available Products:

- Bob's Red Mill Gluten Free Corn Grits / Polenta
- Gluten-Free Yellow Corn Polenta

WEISENBERGER

Available Products:

- Weisenberger White Stone Ground Grits
- Weisenberger Yellow Stone Ground Grits

LINNEY'S MILL

Available Products:

- Linney Mills Stoneground White Grits
- Linney Mills Stoneground Yellow Grits